



Stoke Holy Cross Primary – Vision for PE and Sport

We believe that Physical Education (P.E.) and sport have a vital role to play in the physical, social, emotional and intellectual development of all children. P.E. and sport are important in giving children the knowledge, understanding and tools to make a positive impact on their own health and well-being. Our ambition is to create an embedded and inclusive culture where the teaching and learning of high quality physical activity ensures all children progress in their physical, social, emotional and cognitive development and as a result adopt health life style choices and enjoy being active.

Physical activity involves pupils learning about themselves, their capabilities, their potential, and their limitations and gives them opportunities to develop resilience a growth mindset. A well-structured physical activity programme provides opportunities for children to be creative, competitive and to participate in a range of fun but challenging activities. Physical activity not only improves health, reduces stress and improves concentration but also promotes physical growth and brain development.

Exercise has a positive influence on academic achievement, emotional stability and interaction with others. It builds character and embeds values such as teamwork, fairness and respect. Through a high quality physical education at Stoke Holy Cross Primary School, we can help to build positive attitudes towards physical activity and to inspire all young people to seek future participation in physical activities and performance in sport as a lifelong lifestyle.



Y4, 5 and 6 basketball competition at Framingham Earl High School.

Primary PE and Sports Premium

In March 2013, the Government announced that it was providing additional funding of £150 million per annum to improve provision of physical education (PE) and sport in primary schools in England – The primary PE and Sports Premium. This funding – provided jointly by the Departments for Education, Health and Culture, Media and Sport – is allocated to primary Head teachers.

In July 2017, the DfE announced the doubling of the original amount of this funding with some amendments to the grant conditions. Schools receive £16000 plus an extra £10 per child.



Y3 and 4 competing in the Sportshall competition at Framingham Earl High School.

Purpose of the funding

Schools must spend the additional funding on additional and sustainable improvements to the quality of their provision of PE and Sport. This means schools should:

- Develop or add to the PE and sport activities that their school already offers.
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years.



Our High 5 Netball team competing at UEA.

There are freedoms to plan how the money is spent but the aims, or key Indicator outcomes, need to be addressed by all schools.

Key Indicator 1	The engagement of all pupils in regular physical activity – kick starting healthy lifestyles.
Key Indicator 2	The profile of PE and sport is raised across the school as a tool for whole school improvement.
Key Indicator 3	Increased confidence, knowledge and skills of all staff in teaching PE and sport.
Key Indicator 4	Broader experience of a range of sports and activities offered to all pupils.
Key Indicator 5	Increased participation in competitive sport.



Basketball competition at Framingham Earl High School.

Identified objectives 2017-18

- To increase awareness of healthy lifestyles which will lead to lifelong active lives.
- To broaden the range of activities offered to children, including through non-traditional sports.
- To increase the depth and breadth of pupil participation in sport.
- To raise the quality of PE teaching through professional development opportunities e.g. working alongside specialist coaches.
- To increase participation in competitive sports and at a higher level.



Y3 and 4 taking part in Sportshall competition at Framingham Earl High School

Spending plan

Academic Year: 2017/2018		Total fund allocated: £18070					
A	B	C	D	E	F	G	H
PE and Sport Premium Key Outcome Indicator	School Focus/ planned <i>Impact on pupils</i>	Actions to Achieve	Planned Funding	Actual Funding	Evidence	Actual Impact (following Review) <i>on pupils</i>	Sustainability/ Next Steps

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles	All children to increase their physical exercise	Each class to be running for 10mins every day – Sept. 17	n/a	n/a	Pupil attitude survey-Mar 18 Parent survey-Mar 18	SIDP3 So far, L.S. have consistently achieved 5 runs p/wk. U.S. achieved 2/3- reviewing timetables to see if more can be achieved. 7 pupils going to L3 x/c comp-more than previous yrs.	Upper school pupils to achieve 5 runs p/week – detailed on timetable. A greater and more diverse number of pupils have taken part in School Partnership organised events, which supported our application for School Games Mark Silver Award.
	To resource new play/field area with equipment	Install outdoor gym equipment/outdoor table tennis court	£4800 tbcf			This action to move to next academic year due to land development plans	Quotes sought for gym planning.
	To encourage late arrivals into school earlier	Before school yoga club x2 wk – sum. 18	£250		Baseline, parent questionnaire- Feb 18, evaluation- May 18		Zumba Club was delivered rather than yoga – 3 days a week. Pupils attended by invitation based on health and well-being needs. Parents were survey at the end of July 2018. Very positive responses by all completed surveys. Comments were made about weight loss, greater confidence, and enthusiasm for coming to school on the 3 mornings p/week for the club. Vision is to offer all classes a block of yoga sessions across the year
	To support sensory integration	Before school SENSI sessions x2 weekly – spr. 18	£450		Pupil feedback, photos(website) TA evaluation		Continue with sessions as parental feedback suggests pupils are keen to be involved and some reports of improved behaviour.

	<p>Promote healthy eating</p> <p>To encourage children to adopt exercise as a life-long habit</p>	<p>Food group/healthy signs purchased for hall – spr. 18</p> <p>Food tech-Jan 18 y3</p> <p>Purchase 6 balance bikes for 4-6 year olds</p>	<p>£230</p> <p>1 ½ days TA time p/class- £450</p> <p>£475</p>		<p>Children have active play times and foster a love of being active/understand the benefits.</p>	<p>Bikes are used at play time and during ‘continuous play sessions across YF-Y2.</p>	<p>Yet to be fully integrated into ‘continuous play provision’/break times. Partly due to land development which has required additional vigilance to keep pupils safe. Monitor use and decide on purchasing additional bikes/helmets and equipment for trails.</p>
<p>2. the profile of PE and sport being raised across the school as a tool for whole school improvement</p>	<p>Inclusive running for fun - Cross country for all</p> <p>Participation in a wide range of sports across cluster</p>	<p>Daily run – training for cross country final Level 3 and internal competition- sum 18</p> <p>Member of staff employed across the cluster to organise events.</p>	<p>£200 bus</p> <p>2500(A)</p>	<p>2500(A)</p>	<p>Numbers participating, success at L3 Country sch cluster (internal) – confidence, motivation, achievement- pupils</p> <p>Kay Turner organising cluster events and holding sport meetings regularly. KT – multiskills for 12 weeks – Y2 and Y5 – staff supporting. KT – organiser of Dance Festival for</p>	<p>Variety of sports competitions across the cluster/South Norfolk.</p> <p>Silver School Games Mark achieved due to the number of events/pupils involved.</p>	<p>Cross country didn’t take place internally. Date set in autumn term 2018 for whole school and parents spectating.</p> <p>Action plan for sport participation produced from Silver Award feedback. Aim to maintain award. Pupil Leadership next step.</p>

					30 KS1 – staff supporting.		
3. increased confidence, knowledge and skills of all staff in teaching PE and sport	Staff continuing cpd Specific cpd	- work alongside Level 3 tennis coach working with YF, 1, 2, 3, NPECTS course for Cover Supervisor	£750 £855	(A)	YF,1,2,3 Teachers working with tennis coach. Result of appraisal discussions-staff development	SIDP1 New provider who will work with staff this yr (not PPA opp.) – change as part of last year's evaluation. Teachers feel more confident to deliver curriculum and upskilling/more confident SIDP5 TA-NPECTS course to support teachers and increase extra-curricular opportunities. New PE Lead – PE Leadership course - £750 for Sept 18 (new grant)	Continue with provider working with different staff/pupils/event. After school club to continue – different year groups/event. Training taking place. L4 leadership and management begun. One NPECTS achieved, Cover Supervisor to take lessons.
4. broader experience of a range of sports and activities offered to all pupils	KT organises non-competitive activities across the key stages to broaden children's experiences. Ski taster Pupils experience a range of non-traditional activities and sports	KS1-Y1 or 2 to participate in activities Visit Norfolk Snowsports Club Chinese ribbon dance	£60 Bus £1700 £800	(A)	 Target group involved in greater sports opportunities Pupil feedback Learning links from this focus activity/enrichment	SIDP3 Children experiencing activities in larger groups with other schools. Long term participation in sport After evaluating our previous whole KS – ref Whitlingham SIDP1,4	After success of skiing (see Pupil Survey 2018) plan another whole school sport.
5. increased participation in competitive sport	Transport to events Release of teacher	Hire of buses Supply cover	£2500 £1400		% of pupils participating team participation* teacher supporting team at competitions	SIDP3 experiences different teams and competitions*	Silver Mark Award recognised number/diversity of pupils involved in sport in school and

	Equipment audit	Equipment maintained/purchased	£400		equipment purchased (bench, floor supports, mats, replaced)	teacher support/equal access for all	participating after school.
	Encourage participation at play-times	purchase of resources	£250		play equipment purchased	suitable equipment to access activities children playing with equipment (more active, coordinated and positive about play/lunch times)	Tennis tournament was a new sport competition and taking B teams to events was new for 17/18.
Total			£18070		SSSP opps - *tennis, rugby, cross-country, swimming, netball, cricket, dance, sports hall athletics, multi-skills, basketball		

PE and Sports Premium - Headlines

- Achieved Silver School Games Mark over the summer. This is due to:
 - Taking A and B teams – Key Indicator (KI)5
 - Including BAME pupils – KI4
 - Attending L1-3 qualifying events – KI2
 - Entering new events – tennis – KI5
 - Adhering to 2 hours PE per class – KI2
 - The Daily Run – KI1
 - Giving more pupils opportunities to compete/fairer selection – KI5

To further improve:

- giving leadership opportunities – football club to have pupil referees
 - increase after-school clubs
 - 50% of pupils involved in clubs
 - Target provision for least active pupils
 - Staff improvement – KI3
- Zumba Survey – parents reported...
 - 6/10 replies
 - children enjoyed session
 - improvements in confidence
 - keen to go
 - benefited from exercise
 - happy to go to school on Zumba days
 - weight loss
 - improved fitness – in sports day race
 - better behaviour in class
 - Parent suggested a t-shirt for the club and after school sessions. The group is expanding this year.

